

Alissa Gomez

alissagomez96@gmail.com / Department of Psychology, University of California, Berkeley

EDUCATION

BA University of California, Santa Barbara June 2018
Psychology
Double Minor in Applied Psychology and Feminist Studies
GPA: 3.96

Thesis: The Effect of Trigger Warnings on Students' Learning from Video Lectures

HONORS AND AWARDS

Highest Honors 2018
Graduated in the top of the 2018 graduating class

Distinction in Major 2018
Completed senior honors thesis in Psychology major

URCA Grant 2017
Received university funding to conduct undergraduate research

RESEARCH EXPERIENCE

University of California, Santa Barbara September 2017-June 2018
Honors Psychology Researcher, Dr. Richard Mayer

- Initiated research on an under-studied topic and conducted extensive literature review
- Designed own experiment and produced all needed study materials
- Recruited 70 participants and independently ran them through experiment
- Organized and analyzed data using SPSS
- Presented research at an undergraduate colloquium and discussed findings in psychological report
- Completed honors thesis titled "The Effect of Trigger Warnings on Students' Learning from Video Lectures"

University of California, Santa Barbara March 2015-June 2017
Research Assistant, Dr. Nancy Collins

- Ensured safety and clarity of data by maintaining organized Excel sheets and handwritten logs of analyzed data
- Analyzed, coded, and transcribed various data types within strict time periods to reliably meet research deadlines
- Maintained consistent flow of new data by scheduling and contacting participants
- Entrusted to train new research assistants on lab coding scheme

MENTOR EXPERIENCE

ONDAS Student Center, Santa Barbara, CA

January 2017-June 2018

Psychology Mentor

- Tutored undergraduate students in select psychology courses
- Mentored undergraduates in study skills and campus resources for success
- Engaged diverse student population by collaborating with staff members to create a variety of unique events and workshops to be hosted at the center
- Increased student involvement/awareness through social media advertising for services and events offered at the center

Undergraduate Mentorship Program, Santa Barbara, CA

April 2016-June 2018

Undergraduate Mentor

- Guided three first-year students through one-on-one mentoring on how to navigate a research university
- Facilitated mentee success by educating them on campus resources for academic success and mental wellness
- Coordinated weekly meetings with and oversaw progress of each mentee
- Reported any concerns to supervisor and kept detailed notes on mentee progress
- Delivered weekly program handouts to teach mentees new skills
- Encouraged and taught a variety of mindfulness exercises

ADDITIONAL EXPERIENCE

Planned Parenthood Mar Monte, Hayward, CA

December 2018-April 2019

Health Services Specialist

- Increased efficiency of clinic by helping to flow clinicians with their patients
- Performed venipuncture, injections, and lab work on patient samples as needed
- Prepared patient lab samples for transfer to appropriate labs and ran daily lab report
- Worked efficiently in a high stress environment while tending to all patient needs
- Communicated professionally about services, payment, and appointment scheduling for patients
- Collected patient information to store in Planned Parenthood database and relayed pertinent details to clinician in adherence with HIPPA regulations

Prometheus Real Estate Group, Santa Mateo, CA

June 2018-August 2018

Human Resources Intern

- Assisted with administrative, employee relations, and recruitment tasks
- Managed the collection, verification, and filing of i9 documents
- Handled sensitive information on a daily basis and maintained confidentiality
- Approved and shipped company recognition awards in a timely manner

Starbucks, Fremont, CA

June 2014-August 2016

Barista (Seasonal)

- Maintained friendly attitude in high stress environment
- Worked quickly and efficiently despite short-staffing

REFERENCES

Dr. Richard Mayer

Department of Psychological and Brain Sciences
University of California, Santa Barbara
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Dr. Nancy Collins

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University of California, Santa Barbara
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Dr. Kyle Ratner

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University of California, Santa Barbara
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